




# ORTHOPEDIC RECOVERY PROGRAM

- Total Knee Replacement
- Hip Replacement
- Shoulder Replacement
- Fractures
- Spine Surgery
- Hand Surgery
- Degenerative Disease Mgmt.
- Foot/Ankle Surgery
- Laminectomy

## ASSESSMENT







## HOME SAFETY EVALUATION /POST-OP AFTERCARE

 A Registered Nurse will perform a detailed clinical evaluation of the patients surgical site and review all current medications regarding correct dosage, route, effective time and side effects.

Per the Orthopedic/General surgeons specific protocols, wound care is performed if necessary, assessing for all possible post-op complications. SN will educate the patient on being aware of 'Red Flag Alerts' such as signs and symptoms of infection or DVT blood clots. The clinician will review activities to avoid in order to protect surgical area and reiterate principles in keeping the incision clean.

## TREATMENT AS ORDERED



## THERAPY PROTOCOLS/STEP-BY-STEP GUIDELINE APPROACH

-  WOUND CARE AS ORDERED
-  INFUSION THERAPY AS ORDERED
-  PT/INR CHECKS AS ORDERED
-  PHYSICAL THERAPY AS ORDERED
-  OCCUPATIONAL THERAPY AS ORDERED
-  COORDINATE POST SURGICAL DME AS ORDERED (CPM+COLD HEAT THERAPY DEVICE)

Physical/Occupational therapy protocols delineated by the orthopedic/general surgeon will be followed per specified weight bearing guidelines and frequency. If protocols are not specified, our Physical/Occupational Therapist will evaluate the patient and design the most effective treatment plan and frequency to deliver on expected patient goals and return the patient to their Prior Level Of Function (PLOF)/Independence. Therapists will review proper body mechanics with all activities preventing recurrence of injury to affected area. Wound care/IV Infusion therapy will be performed as ordered. PT/INR checks will be performed as ordered with same day results sent to physician/orthopedic surgeon for immediate review and any required blood thinning medication adjustments.

## CARE PRODUCTS

## DIAGNOSIS SPECIFIC CARE PACKAGES

-  STEP BY STEP GUIDE
-  PILL BOX ORGANIZER

Our Total Knee Replacement and Hip Replacement Step by Step guides will promote patient involvement in their specified treatment plan and aid in a faster/improved patient outcome; the pill box organizer will assist in medication management. All post surgical DME products will be coordinated by our agency as necessary.

CONTACT US INFO:  
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# ACCLAIM HOME CARE SERVICES INC.

## **MISSION**

To provide the highest quality care for our clients and their families in the communities we serve. We commit ourselves to providing affordable healthcare with an emphasis on Integrity, Reliability and Outstanding Healthcare Services.

## **VISION**

To be the home care of choice within the communities we serve. We value those we serve and treat our clients, referral sources and staff with respect, empathy, courtesy and compassion.

## **PHILOSOPHY**

Our complete patient care delivery systems drive our goals towards positive patient outcomes, reduced 30-day hospital re-admission statistics and Triple Aim sustainability within the Healthcare Industry.

